

E-Newsletter November 2023

Welcome

Despite the days getting shorter we have all been keeping busy with indoor activities as well as wrapping up warm to go outside on trips and walks. We have celebrated Halloween and birthdays and our fundraising team have been out in the community. We are now all looking forward to the lead up to Christmas!



Halloween

Everyone had a fun and spooky time celebrating Halloween! There were some wonderful costumes and they had fun playing scary games. We would also like to say a big thank you to Tesco Lee Mill for donating 30 pumpkins for carving. Everyone had great fun creating their scary designs.





Poppies

A group of our adults created some wonderful poppy cards to mark Remembrance Day. Dan went along to the Ivybridge parade and Hannah also joined in a Remembrance Day parade with her Guiding group and helped carry the wreath.



Run for Dame Hannahs

We are looking for runners of all ages and abilities to run for Dame Hannahs in 2024!

Whether you are looking to take part in your first 5k, 10k, half or full marathon or looking to continue on your running journey we have a selection of races which will suit all abilities. These races have a proven track record to fulfil all of your running needs both mentally and physically. We have selected a few runs to inspire your fundraising for Dame Hannahs but you can run any race you want to help us!

If you need any help on your way then please contact our fundraising team 01752 898135 or supportus@discoverhannahs.org



Bungalow Refurbishments

The Marchesi group have moved back into their newly refurbished bungalow. Our ongoing bungalow refurbishment programme is progressing well and we are hugely grateful to each of our supporters and Trusts who have donated towards this project so far.

If you would like to make a donation towards our bungalow campaign please donate on the button below.



Litter Pickers

Our Life Skills group have been busy with their weekly activities and recently did a great job of litter picking around our grounds.



Happy Couple

Congratulations to Hannah who recently got engaged to Tim! After nearly eight very happy years at Dame Hannahs, Hannah is moving into her own home with Tim. We wish them both well in their new life together.

Puppy Love

Emma was one of the lucky ones to cuddle a very small and cute visitor when this adorable puppy visited Arthur recently. Pet therapy is always very beneficial to our adults.



Funky Llama

Recently a group of our adults went to the Funky Llama Club Night in Plymouth to celebrate its 10th anniversary and they all had a great time. Funky Llama is a platform for disabled adults to actively participate in the creation and delivery of activities and arts events. Our adults have been very involved since its inception 10 years ago.

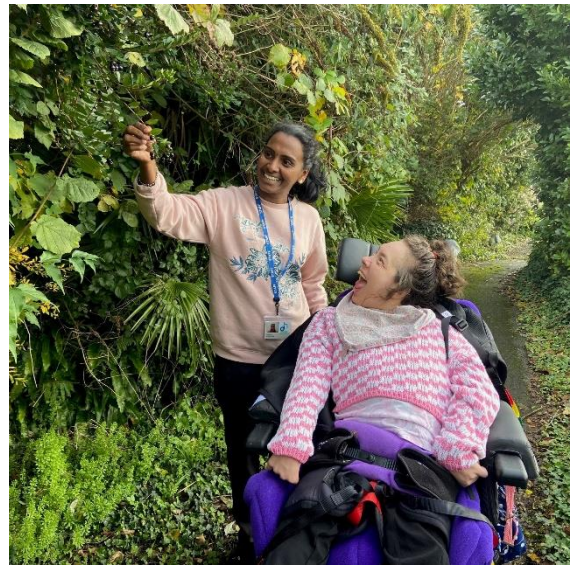
Beach Trips

Our adults have really enjoyed their wintry beach trips recently. They wrapped up warm and made the most of the sea air.



Autumn Walks

We are so lucky to have such beautiful grounds. Whenever the sun comes out our adults are able to enjoy sensory walks as there is so much to see and touch.



Birthdays

We always love celebrating birthdays at Dame Hannahs. Matty and Bex had a lovely time celebrating at Together Tuesday recently as well as partying with their friends in the evening.



Dame Hannahs Footballers

We are delighted to be supporting two local children's football teams. Dame Hannahs is sponsoring Plymouth United Boys Under 10s and Hunters District Under 11 Girls and they will be proudly wearing their Dame Hannahs training jackets very soon. We can't wait to see them!



Swimming Triumph

Congratulations to Teresa who completed her 5 mile swimathon in October and raised £200 for Dame Hannahs!



We would like to say a huge thank you to all our volunteers and fundraisers for all their dedication and hard work.

If you would like to get involved please contact supportus@discoverhannahs.org



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